**Ladies Trail Championships 2020**

| | Cross country | | | | | | | | Trail races | | | | | | | | | | | | | | | | Parkrun | | | | | | | |
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| | 4 Races to Qualify | | | | | | | | 6 Races to Qualify | | | | | | | | | | | | | | | | 3 Races to Qualify | | | | | | | |
| Name | Merseyside Cross Country Championships | Mid Lancs Race 4 - Burnley | Northen Cross Country Championships - York | Northwest Cross Country League Race 5 – Croxteth Park | Mid Lancs Race 5 – Lawson's Ground Blackpool | Mid Lancs Race 6 – Ryland's Park Lancaster | Mid Lancs Race 1 | European Trials | Buff Trail Half Marathon | Standish Hall 10k | Cloud 9 Fell Race | Loggerheads 10k | Ainsdale Tiger 10k | Mearley Clough 5k Fell Race | Pennington Flash 5 | Northwich 10k | Dream Trail 10k | Loggerheads 10 Miler | Yarrow River 10k | Rainford 10k | Delamere Night Run | Striders 5 | Flash 5 | 13 Arches Half Marathon | Delamere Parkrun | Sutton Manor Parkrun | Tawd Valley Parkrun | Northwich parkrun | Wepre parkrun | Crosby parkrun | Total | Series Results |
| Kirsty Giller | 20 | 17 | 20 | | | | | | 17 | | | | | | | | | | | | | | | | | | | | | | 74 | **74** |
| Helen Kelsall | 17 | 18 | | 19 | | | | | 16 | | | | | | | | | | | | | | | | | | | | | | 70 | **70** |
| Sarah Treble | 19 | 19 | | | | | | | 18 | | | | | | | | | | | | | | | | | | | | | | 56 | **56** |
| Bhav Mistry | 18 | 18 | | | | | | | 15 | | | | | | | | | | | | | | | | | | | | | | 51 | **51** |
| Helen Eaton | | 12 | 19 | 17 | | | | | 2 | | | | | | | | | | | | | | | | | | | | | | 50 | **50** |
| Rachel Fisher | 6 | 11 | 17 | 11 | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 46 | **46** |
| Susan Evans | 13 | | | 18 | | | | | 13 | | | | | | | | | | | | | | | | | | | | | | 44 | **44** |
| Jayne Russell | 11 | 14 | | 16 | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 42 | **42** |
| Pat Helsby | | | | 20 | | | | | 20 | | | | | | | | | | | | | | | | | | | | | | 40 | **40** |
| Becki Harrison | | 9 | 16 | 12 | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 38 | **38** |
| Catherine Hughes | 9 | 16 | | | | | | | 4 | | | | | | | | | | | | | | | | | | | | | | 29 | **29** |
| Charlotte Smith | 16 | | | | | | | | 12 | | | | | | | | | | | | | | | | | | | | | | 28 | **28** |
| Lynne Doyle | 14 | | | | | | | | 14 | | | | | | | | | | | | | | | | | | | | | | 28 | **28** |
| Mim Eaton | | 20 | | | | | | | 8 | | | | | | | | | | | | | | | | | | | | | | 28 | **28** |
| Ann Marie Carberry | | 13 | | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | 28 | **28** |
| Paula Heaton | | 10 | 15 | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 26 | **26** |
| Ann Green | 10 | | | 14 | | | | | | | | | | | | | | | | | | | | | | | | | | | 24 | **24** |
| Mandy Lee | 12 | | | | | | | | 9 | | | | | | | | | | | | | | | | | | | | | | 21 | **21** |
| Jennifer Houghton | | | | | | | | | 19 | | | | | | | | | | | | | | | | | | | | | | 19 | **19** |
| Colette O'Halleron | | | 18 | | | | | | | | | | | | | | | | | | | | | | | | | | | | 18 | **18** |
| Hayley Smallman | | | | 13 | | | | | 5 | | | | | | | | | | | | | | | | | | | | | | 18 | **18** |
| Lucy Helsby | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 15 | **15** |
| Lynn Condell | | | | | | | | | 11 | | | | | | | | | | | | | | | | | | | | | | 11 | **11** |
| Carol Platt | | | | | | | | | 10 | | | | | | | | | | | | | | | | | | | | | | 10 | **10** |
| Karen Kelly | 8 | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 9 | **9** |
| Elaine Carden | 7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 7 | **7** |
| Debbie Lodge | | | | | | | | | 7 | | | | | | | | | | | | | | | | | | | | | | 7 | **7** |
| Denise Garrigan | | | | | | | | | 6 | | | | | | | | | | | | | | | | | | | | | | 6 | **6** |
| Katherine Ireland | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 5 | **5** |
| Clare Evans | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 4 | **4** |
| Emma Robertson | 3 | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 4 | **4** |
| Helen Richardson | | | | | | | | | 4 | | | | | | | | | | | | | | | | | | | | | | 4 | **4** |
| Amanda Holman | | | | | | | | | 3 | | | | | | | | | | | | | | | | | | | | | | 3 | **3** |
| Margaret Kelly | | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 1 | **1** |
| Ann Marie Miller | | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 1 | **1** |
| Linda Greengrass | | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 1 | **1** |
| Kirsten Farrar | | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 1 | **1** |
| Jan Mullin | | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 1 | **1** |
| Sharon Harrison | | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 1 | **1** |
| Sharon Quinn | | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 1 | **1** |
| Kelly Carey | | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 1 | **1** |
| Colette Heron | | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 1 | **1** |
| Lisa Platt | | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | 1 | **1** |